



Prof. dr. ir. Edith Feskens, Human Nutrition WUR



Prof. Dr Edith Feskens, PhD, (Breda, NL, 1962) is Professor of Nutrition and the Metabolic Syndrome at the Division of Human Nutrition of the Wageningen University, Wageningen, NL. She is trained in nutrition (MSc, 1987) and epidemiology (PhD, 1991) and her research focuses on diet and cardiometabolic disease.

Between 1992 and 2005 she was expert on cardiovascular and diabetes epidemiology at the National Institute of Public Health and the Environment, NL, and honorary associated professor at Maastricht University. Thereafter, she became personal professor at Wageningen University. She was involved in the development of the Dutch Guidelines for a Healthy Diet in 2006, and is now a member of the Scientific Committee of the Healthy Choices logo.

She works as (co) PI in several larger Dutch and international epidemiological studies, and is PI of NQplus, a longitudinal study on diet eating behaviour and health. She is also co-director of SLIM, a 6-yr intervention study in subjects at risk for diabetes. Currently, the lifestyle intervention is being implemented in practice under her supervision. She supervises also the dietary studies within the Leiden Longevity Study, and collaborates on the role of diet and diabetes and cardiovascular disease in the Rotterdam Elderly Study and the Chinese National Study on Health and Nutrition. Her work includes studies on genetics, molecular epidemiology, ageing, satiety, insulin resistance, inflammation, biomarkers and dietary patterns. She has led WPs in the EU projects Preview and Interact (diabetes) and Diogenes (obesity).

Prof Feskens has co-authored ~ 360 peer reviewed research articles (h-index 63) and supervised 34 PhD students towards completion of their theses.